## Hammerschmiedsg'sell'n

German Folkdance

Pronounced: HAM-mair-shmeets-guh-sehln

<u>Formation</u>: originally 4 men in a circle. Now often done with 2 couples. Directions here are for 2 couples.

Hammerschmiedsgselln means "Blacksmith Journeyman" (gselln is dialect for gesellen). After several long and hard years of apprenticing, the blacksmiths took their journeyman examination. Then they went out on the town and "whooped it up" with this Bavarian dance.

## Music/Measures

- A l Clap pattern. M slap own thighs, slap chest and clap own hands.
  - W start clap pattern as M did, while M continue clap pattern as follows: M clap R hands then L hands, then both hands with opposite M. (Call: "laps, chest, together, R, L, both.")
  - 3 M start again while W do as M did in measure 2.
  - 4-16 Continue the above pattern.
- B 1-16 <u>Circle</u>. All join hands and circle L and R (8 measures each way). M take one step-hop per measure. W use waltz steps.
- A 1-16 Clap pattern.
- B 1-16 Star. Join hands for a R hand star (8 measures) and a L hand star (8 measures). Use the same footwork as the circle figure. Note: a mill can replace the star. For a R hand mill all place R hand on R wrist of person to L and circle L. Reverse hands and movement for a L hand mill.
- A 1-16 Clap pattern.
- B 1-16 Waltz with partner. This last B music may be played twice as long, making the waltz 32 measures. Variation: circle L and R instead of waltzing. Or all couples may join hands in one large circle and circle L and R.

